



PAWTUCKET PARKS & RECREATION 2010 WINTER PROGRAM

Starts: Tuesday, January 19 until Saturday, March 27

No classes: Monday, February 15 thru Saturday, February 20

**Cost for 16 classes: \$35.00 residents/ \$40.00 non-residents,
Unless otherwise noted.**

MONDAYS & WEDNESDAY EVENINGS

PILATES CONDITIONING: Jenks Cafeteria, 6:00 to 7:00 p.m.

TUESDAY & THURSDAY EVENINGS

HI/LOW IMPACT AEROBICS: Jenks gym/cafeteria, 5:55 to 6:55

DANCE AEROBICS: Agnes Little School, 6:00 to 7:00

INTENSE INTERVAL: Jenks Cafeteria, 7:10 to 8:10

MUSCLE TONING: Jenks Cafeteria, 6:00 to 7:00

SINGLE EVENING CLASSES

CARDIO KICKBOXING: Mondays, Jenks Gym, 5:55 to 6:55

STEP CLASS: Wednesdays, Agnes Little School 6:00 to 7:00 (bring your own step)

ZUMBA CLASS: Wednesdays, Jenks gym 6:00 to 7:00

Cost: \$20 residents \$25 non-residents

YOGA CLASSES: Agnes Little School, 7:15 to 8:30 p.m.

Level 1: Mondays Level 2: Thursdays

Cost: \$35 residents \$40 non-residents

DAYTIME FITNESS

LOW IMPACT AEROBICS: Mon/ Wed., School St. Boys Club, 9:30 to 10:30

Hi/LO IMPACT +AEROBICS: Saturdays, Jenks Cafeteria, 9:30 to 10:30

Cost for Saturdays: \$20 residents \$25 non-residents

ADULT DANCE LESSONS: Evenings, Jenks Cafeteria



BALLROOM PARTNER DANCE: Wednesdays, 7:10 to 8:55

Cost: \$40 residents \$45 non-residents

BELLY DANCING: Mondays, 7:10 to 8:10

Cost: \$35 residents \$40 non-residents



WATER BASED PAINTING: Wednesdays

Jenks Art Room, 6:00 to 8:00 p.m.

A list of supplies will be provided on first evening.

Cost: \$40 residents \$45 non-residents

CHILDREN'S PROGRAMS ON BACK !!

CHILDREN'S PROGRAMS

The following classes are offered on Saturdays for children ages 2 through 14 years.
Individual age requirements are listed with each program.

Classes start on January 23.

Cost for 8 weeks, unless otherwise noted: \$30.00 residents, \$35.00 non-residents

TUMBLE TOTS: Saturdays, School Street Boys & Girls Club

Ages 2 to 4 years: 9:00 to 10:00 a.m.

GYMNASTICS: Saturdays, Jenks Gym

Ages 4 to 6 years: 9:30 to 10:30 a.m.

Ages 7 & up: 10:45 to 11:45

Advanced Skills: 11:45 to 12:45 students must test for this program

CHILDREN'S DANCE LESSONS: Saturdays, Jenks Cafeteria

Ages 4 to 6: 10:40 to 11:30 a.m. Ages 7 & up: 11:50 to 12:50 p.m.



FUN WITH ARTS & CRAFTS: Saturdays, Jenks Art Room

Saturdays: 9:30 to 10:30 a.m. for third, fourth and fifth graders.

Cost : \$40.00 residents, \$45.00 non-residents, includes some supplies



REGISTRATION INFORMATION

Pre-registration is recommended.

Registration begins Saturday, January 9, 9:00 to 10:30 and continues Mondays through Fridays 8:30 to 4:30 p.m. at the Slater Park office. Mail in registrations must include a check for the full amount, course title, name, address, zip code and phone number.

Send to: PROGRAM REGISTRATION

PAWTUCKET PARKS & RECREATION

SLATER MEMORIAL PARK, PAWTUCKET, RI 02861

On Site Registration: checks only - cash & checks accepted at the Park office -

For further information, please call 728-0500, extension 251.

*******2010 WINTER PROGRAM REGISTRATION*******

COURSE TITLE _____ TIME _____ PLACE _____

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

DAYTIME PHONE _____ AMOUNT ENCLOSED _____